

VISION BERMUDA *formerly THE BERMUDA SOCIETY FOR THE BLIND*

registered charity #90

PROGRAMME OUTPUTS & IMPACT FOR THE PERIOD JANUARY - SEPTEMBER 2019

CLIENT DEMAND : Current caseload 44 Clients Waiting List 2 Individuals

178 UNIQUE INDIVIDUALS SERVED

VISION REHABILITATION THERAPY one on one at home appointments &/or professional advice/assistance		'VISION TALK' EDUCATIONAL GATHERINGS		
98 Clients	225 Therapy Sessions	36 Assessments	22 Individuals Served (+23 benefitting from multiple services)	Topics Covered: VI Safety Tips, Healthy Eating & Safety in the Kitchen, Charles Bonnet Syndrome, Labelling & Identification, Voting
		35 Independent Living		
		26 Orientation & Mobility		
		37 Assistive Technology		
		91 Professional Assistance		
23 Individuals	Received professional advice/information at Vitreo-Retinal Clinics held at the International Institute of Ophthalmology			
35 Individuals	Received training to enable them to better assist people with vision impairments			
GROUP TRAINING	3 clients attended advanced braille training weekly 12 clients attended the weekly keyboard skills class			
AWARENESS	6 awareness presentations were made with approximately 144 people attending			

SOCIAL ACTIVITIES & CLASSES AT BEACON HOUSE

MONDAYS & WEDNESDAY	Stretching & Exercise Yoga Eat Well Live Well Nutrition	Attendances YTD: 209
TUESDAYS		Attendances YTD : 33
FRIDAYS		Attendances YTD : 44

SUMMARY OF IMPACT FOR CLIENTS

(clients usually master multiple skills as an outcome from therapy)

Many individuals who come to Vision Bermuda have some remaining sight. Vince Godber, our Vision Rehabilitation Professional, carries a Functional Vision Assessment and works with the person to help them maximise the vision they still have. This may involve controlling glare, using specialised magnifiers, or learning the steady eye strategy to use the best vision focus to read.

MOBILITY	<p>6 clients have mastered the use of a long cane mobility aid which empowers them to:</p> <ul style="list-style-type: none"> - Maintain independence travelling to work - Access social and leisure activities - Travel safely when overseas - Safely and independently navigate a new home environment - More safely undertake important daily activities
WORK	<p>1 client was able to continue computer access after advice and guidance on adaptive software</p> <p>1 client was able to safely navigate his way to Hamilton to attend a job interview</p>
COMMUNICATIONS	<p>1 client was loaned and taught how to use a very basic cell phone with pre-programmed numbers to make outgoing calls during a hospital stay. Without this they would have been completely isolated.</p> <p>1 client was able to more easily communicate with others after their cell phone was fitted with tactile dots to assist in identifying the numbers</p> <p>5 clients were independently able to use smartphones</p> <p>2 clients are now able to maintain contact with family overseas by using Skype, text and email</p>
DAILY ACTIVITIES	<p>3 clients used UV shields to reduce glare and more accurately judge distances and depths. This resulted in them being able to travel around more safely and independently.</p> <p>2 clients were able to sign official documents through using magnifiers and a signature guide</p> <p>2 clients were able to cook and time food safely & independently using a talking kitchen timer. This included using the microwave after it was fitted with tactile bumps.</p> <p>1 client was oriented at their new senior residential home. This allowed them to move around safely and to find their belongings.</p> <p>1 client was able to make and keep notes, phone numbers, shopping lists etc through the use of a PENfriend.</p> <p>2 clients were safely able to pour hot liquids by using a level indicator and task lighting</p> <p>2 client were able to distinguish between cans and other products with the use of labelling techniques</p>
LEISURE ACTIVITIES	<p>2 clients were able to read newspapers again, use the TV remote, use their watch and spot read through the use of appropriate magnifiers and better lighting</p>